



MOU 5 Team Ali Difference Maker

By Allison DeOrio, Steve Pierce,
Farraton White, Dawn Young

WAYNE STATE
UNIVERSITY



Difference Maker: The 3 Act Show

Round 1: Where We've Been

Round 2: Where We're At

Round 3: Where We're Going



Round 1: Where We've Been

On Day 1, the specialists will revisit content from previous MOU sessions:

Where We've Been Content Areas:

- Stress, Self-Care, and Burnout (MOU 1)
 - Icebreaker: Celebration Stroll
 - Current Stress Level Assessment
 - Online Burnout Test
 - Self-Care: Deep-Breathing
- Partnering with Parents (MOU 4)
 - Partnership Drawing Challenge
 - Self-Care: Chair Exercise
- Policies and Laws (Orientation)
 - E-Book App Scavenger Hunt
 - Self-Care: Walk & Talk
- Legal and Medical (MOU 3)
 - Legal/Medical Timeline Quiz Game
 - Self-Care: Yoga

Round 2: Where We're At

On Day 2, the specialists will be learning new content about communicating with their supervisors effectively.

Where We're At Content Areas:

- Using Supervision Effectively
 - Ice-Breaker: Standing Ovation
 - Case Reflection
 - Case Conference Sheet Game
 - Case Conference Role-Play
 - Supervisor Check-In Plan
 - Self-Care Closing Activities

Round 3: Where We're Going

On Day 3, the specialists will be learning new content about time management and developing a plan for continued professional development.

Where We're Going Content Areas:

- Time Management Strategies
 - Ice Breaker: Blind Portrait Drawing
 - Competing Priorities – How Many Golf Balls in Jar?
 - Self-Reflection Case Planning
 - Safe Place Visualization Activity
 - Self-Reflection Activity – Pressure at Work
 - Work-Life Balance Activity: What is Important to Me?
 - Planning for Restoration
 - Revised Schedule, the Final Product
- Developing an Individual Development Plan
 - Self-Reflection Journal Activity
 - Professional Development Discussion
 - Values and Activities Activity
 - Self-Assessment
 - Developing an IDP
 - Intro to Supplemental Training
- Oath of Commitment, Commencement